

Dr. J. RamalingeswaraRao



Designation : Assistant Professor of Yoga
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Contact at : Department of Chemistry,
 Siddhartha Academy of Higher Education (Deemed to be University), VR Siddhartha School of Engineering,
 Vijayawada, Andhra Pradesh 520007.

Education

Ph. D. (Yoga)

2025 Meenakshi Academy Of Higher Education, KK Nagar, Chennai

M.Phil. (Yoga)

2020 Annamalai University, Chidambaram

M.Sc. (Yoga)

2017 Tamilnadu Physical Education And Sports University

BA

Dr. BR Ambedkar Open University, Hyderabad

Experience

Period	Designation	Institution / Organization	Key Responsibilities
2025 – till date	Assistant Professor	Siddhartha Academy of Higher Education (Deemed to be University)	Handling Yoga part of the course, "Sports and Yoga", Counselling
2016 to 2019	Yoga trainer	LBR College of Engineering	Practice of Yoga by students

Research Interests

Broad Area of Research :

Yoga, Yoga therapy

Honors and Awards

.

Courses Taught

S.No	Course Name	Level (UG/PG)
1	Sports & Yoga	UG
2	Manul therapy	-
3	Yoga therapy	-
4	Meditation	-

Research Profile

Publications

The recent publications and research contributions can be viewed from the following URLs4

Google Scholar	
Scopus	1)DOI:https://doi.org/10.47750/pnr.2023.14.02.149 Vol No.2 (2023) 2)DOI:10.5123/inj.2024.2.inj104,ISSN:2093-4777 E-ISSN:2093-6931
ORCID	0009-0004-0545-9096
dblp	-
Publons	-
Research Gate	-
LinkedIn	-

Recognized Research Supervisor

S.No.	Department	University

Funded Research Projects

S.No.	Type	Title	Status	Funding Agency	Amount (INR)	Duration

Administrative Roles

S.No.	Role	Institution	Duration	Responsibilities

Certifications/MOOC Courses Completed

S.No.	Title	Platform	Duration	Year

Consultancy / Industry Projects

Completed	-
On-going	-
Applied	-

Patents

S.No	Title	Status	Application No.	Year

Ph.D

Awarded	-
Guiding	-

Invited Talks

No. of Invited Talks	-
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Professional Service / Reviewer

- .
- .

Professional Development Activities - Participations

Faculty Development and Training Programmes (at least 5 Days)	1
International / National Level Seminars	2
International / National Level Conferences	2
Workshops	2
Instructor Led / Self-Paced Courses	
Webinars	

Professional Bodies Membership Details

S.No.	Membership No.	Society Name
1.	Life Professional member	Indian Yoga Association

Date: 09-09-2025

(J. Ramalingeswara Rao)
